



FUN ON THE FARM!

The Sensory Trust and LEAF (Linking Environment and Farming) have joined forces to open the English countryside up to people of all ages and abilities.

Let Nature Feed Your Senses, supported by The Big Lottery Fund, will organise trips to farms, focusing on the senses and educating people

about where their food comes from. On top of this, it's a great way of getting to grips with nature, and time spent outdoors is proven to boost self-esteem.

With 85 farms already signed up to participate, you could soon be having fun on the farm with your family.

Find out more at www.letnaturefeedyoursenses.org or call 02476 413 911 or 01726 222 900.